



2001 S. Palm Ave, Ste E
Miramar, FL 33025

Phone: 954-962-0979 Fax: 888-961-5255
www.sandjcatering.net info@sandjcatering.net

Lunch Menu

**Prices based on a minimum of 15 people. Delivery Only.*

Classic Deli Sandwiches

Fresh Deli Sandwiches prepared on Assorted Fresh baked Breads and Rolls including White, Wheat, Hoagies and Kaiser Rolls

Includes Fresh Lettuce and Vine Ripe Tomatoes

Choice of:

Smoked Turkey and Provolone Cheese

Sugar Cured Ham and Swiss Cheese

Roast Beef and Cheddar Cheese and Horseradish Cream

Fresh Made Chicken Salad

Tuna Salad

Choice of 2 sides (list on next page)

Fresh Cookies and Brownie Platter

\$10.00 per person++

Wraps \$1.00 extra per person

Bagged \$12.00 per person

Specialty Wraps

Our overstuffed wraps come loaded with the items of your choice using assorted flavored wraps and crisp, fresh lettuce, and tomatoes.

Choice of:

Chicken Caesar Wrap

Grilled Chicken Strips, Romaine Lettuce and Parmesan Cheese and Caesar dressing Plain Wrap

Turkey Wrap with Cranberry Mayo

Herb Smoked Turkey Boursin with Cranberry Mayo in Sundried Tomato Wrap

Baja Chicken Wrap

Marinated Grilled Chicken Breast Strips, Avocado with Chipotle Mayo in Plain Wrap

Roasted Vegetables Wrap

Roasted Vegetables, Lettuce, Tomato, Mozzarella and Balsamic Vinaigrette in Spinach Wrap

Fresh Italian Wrap

Salami and Prosciutto, Banana Peppers, Black olives in Herb Wrap

Choice of 2 sides (list on next page)

Fresh Cookies and Brownie Platter

\$12.50 per person++

Bagged \$14.50 per person



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Fresh Gourmet Artisan Deli Sandwiches

Delicious Artisan Deli Sandwiches all made with Castlewood Brand deli meats prepared on choice of Focaccia Bread, Ciabata Rolls, Assorted Wraps, or Croissant and assorted gourmet cheeses

Choice of:

Herb Roasted Turkey Breast with Cranberry Relish
Reserve Angus Roast Beef with Horseradish Dijon Mayo
Shaved Black Forest Ham with a Honey Dijon Mustard
Fresh Made Albacore Tuna Salad with a Creole Spread
Orange Pecan Chicken Salad with a Citrus Curry Mayo

Fresh Veggies - Roasted Portabella Mushroom, Grilled Zucchini, Squash, and Red Onions with Pesto

Choice of 2 sides (list below)

Fresh Cookies and Brownie Platter

\$14.00 per person++

Boxed \$16.00 per person++

Side options for Sandwiches & Wraps:

S&J Garden Salad
Potato Salad
Individual Sun Chips
Pasta Primavera

Caesar Salad
Fresh Made Cole Slaw
Fresh Fruit Salad
Marinated Bean Salad

Salad Gallery

Delicious Salad Buffet for the salad lover's in the office!

Choice of any three (3) salads from list below:

New World -

Garden Salad- Selected Fresh Green Mixed with Shredded Carrots, Red Onions, Seedless Cucumber Slices and Beef Steak Tomato Wedges. Served with your Choice of (2) Dressings, Creamy Ranch, Thousand Island, Lite Raspberry Vinaigrette, or Italian

Cobb Salad -

Toss Salad Green with dice Chicken Breast, Bleu Cheese bits, Crumble Bacon, diced Tomatoes, diced Cucumber, Olive and Chopped boiled Eggs with Chef Buttermilk Dressing

Chef Salad -

Crisp Salad Green, Julienne of Smoke Turkey, Honey Cured Ham, A strip of Swiss and American Cheese, Quarter boiled Eggs and Choice of (2) Dressing, Creamy Ranch, Thousand Island, Lite Raspberry Vinaigrette, or Italian

Grilled Chicken Caesar

Fresh Crisp Romaine Lettuce, Lightly tossed with our own in House Caesar Dressing Parmesan Cheese and Season Croutons



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Niçoise Salad

This French Classic Consist of, Steam Red Bliss Potato, Green Bean, Beef Steak Tomato Wedges ,Sliced Hard Boiled Eggs, Albacore Tuna and Niçoise Olive, drizzled with Dijon Vinaigrette

Penne Pasta Primavera

Tender Penne Pasta Tossed in a Pesto Sauce Fresh Vegetables

includes Luncheon Rolls and Bread Sticks

Fresh Baked Chef Choice of Cookies and Brownies or Fresh Seasonal Fruit (add \$1.00) per person

\$12.95 per person++

Luncheon Buffets

**All lunch buffets include choice of Fresh Green Toss Salad including Cucumbers, Cherry Tomatoes served with Ranch and Lite Italian Dressing or Fresh Caesar Salad, Fresh Baked Luncheon Rolls and butter (unless other bread is noted).*

Italian Buffet

Savory Chicken Parmesan and Marinara Sauce

Penne Pasta with Pesto Sauce

Steamed Seasonal Vegetables

Fresh Baked Garlic Toast

Chef's Choice of small Desserts

\$11.00 per person++

South of the Border

Beef, Chicken or Pork Fajita

(Choice of two-\$2.00 extra per person, all three- \$3.00 extra per person)

Served with Soft Tortilla, Shredded Lettuce, Picadillo, Sour Cream, and Guacamole

Fresh Seasonal Vegetables

Chef's Choice of small Desserts

\$9.00 per person++

Oriental Express

Oriental Fresh Green Salad

Sweet and Sour Chicken or Pork (choice of 1)

Stir Fried Rice

Stir Fry Vegetables

Chef's Choice of small Desserts

\$10.00 per person++



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Cajun Menu

Chicken and Sausage Jambalaya

~ OR ~

Louisiana Chicken with Savory Dirty Rice

Maque Choux (Corn Kernels)

Chef's Choice of small Desserts

\$12.50 per person++

Latin Lovers Lunch

Mojo Marinated Chicken with Onion and Garlic (Leg Quarters)

Arroz Congri (Rice & black beans prepared together)

Golden Fried Sweet Plantains

Chef's Choice of small Desserts

\$9.00 per person++

Havana Days

Slow Roasted Cuban Pork

White Rice and Black Beans

Yucca Con Mojo with Onions and Garlic

Chef's Choice of small Desserts

\$12.50 per person++

Caribbean Delights

Grilled Snapper with Red Pepper Colis

Creamy Mashed Potatoes

Tropical Cole Slaw

Chef's Choice of small Desserts

\$15.00 per person++

Island Special

Hawaiian BBQ Chicken

Coconut Rice

Stir fry Vegetable Blend

Chef's Choice of small Desserts

\$12.50 per person++



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Day at the Park

Grilled Salmon with Dill Sauce
Creamy Mashed Potatoes
Steamed Broccoli
Chef's Choice of small Desserts
\$15.00 per person++

Admins Call

Chef's Special Chicken Tetrazzini
Fresh Seasonal Vegetables
Chef's Choice of small Desserts
\$11.00 per person++

Healthy Option

Floridian Seared Chicken Breast with Citrus Demi Glace
Quinoa Florentine
Vegetable Du Jour
Chef's Choice of small Desserts
\$13.00 per person++

The Usual

Chicken Marsala or Chicken Picatta
Creamy Mashed Potatoes
Fire roasted Corn Kernels
Chef's Choice of small Desserts
\$13.00 per person++

Southern Luncheon

Southern Fried Buttermilk Chicken
(Breast Only - \$2.00 extra per person)
Creamy Mashed Potatoes
Fire roasted Corn Kernels
Chef's Choice of small Desserts
\$9.50 per person++



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Jamaican Treat

Slow Roasted Jerk or Curry Chicken Leg quarters
Caribbean Red Beans and Rice
Golden Fried Sweet Plantains
Chef's Choice of small Desserts
\$9.00 per person++

Little Italy

Tasty Baked Ziti in Savory Tomato Sauce
Vegetable Du Jour
Fresh Made Garlic Toast
Chef's Choice of small Desserts
\$10.50 per person++

Boss's Special

Cilantro Crusted Chicken Breast in a Spicy Tomato Sauce
Spanish Rice Pilaf
Golden Fried Sweet Plantains or Vegetable du jour
Chef's Choice of small Desserts
\$12.00 per person++

Board Room Luncheon

Walnut encrusted Atlantic Salmon Filet
Granny Smith Apple Slaw
Vegetable Du Jour
Chef's Choice of small Desserts
\$14.50 per person++

Executive Luncheon

Grilled Strip Loin of Beef with a Savory Demi Glace
Roasted Root Vegetables
Vegetable Du Jour
Chef's Choice of small Desserts
\$15.50 per person++



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Lunch Deliveries Include:

Buffet set-up with Disposable Table Linen, Wire Chafers and Sternos, Disposable Ware and flatware

Optional Services Available:

Complete Buffet Set-up with Servers

Sit-down Service

China, Flatware, Glassware, Linen, and/or Servers

Customizable Menus also available

and more!

Please call for information and pricing.

*Above noted prices based on a minimum of 15 people. Delivery Only. Delivery charges may apply.

*24 hour notice needed on orders

++ Price subject to 12% Service Charge and 6% Sales tax (not included in above noted rate)

Call Today!!

S & J Catering - 954-962-0979